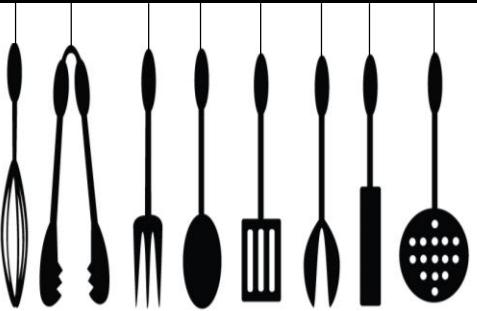


# Guide til amerikanske måleenheder



## Temperaturer

250° F = 125° C  
300° F = 150° C  
350° F = 180° C  
400° F = 200° C  
450° F = 230° C

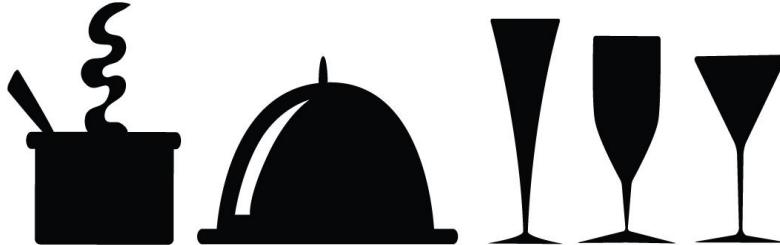
## Vægt

½ ounce = 15 gram  
1 ounce (oz.) = 30 gram  
3,75 ounce = 100 gram  
  
1 pound (lb.) = 450 gram

## Volumen



1 cup (c.) = 2,5 dl  
1 quart (qt.) = 1 liter  
1 gallon (gal.) = 3,8 liter



1 teaspoon = t., tsp., = 1 teske  
1 tablespoon = T., tbs., tbsp. = 1 spiseske  
  
Baking powder = bagepulver  
Baking soda = natron



OBS! De omregnede tal er alle cirkatal

**Hverdagsro.dk**

Inspiration til hverdagens madlavning